

Easy
Read



The 3 P's for Inclusion

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P

Personal

P

Political

P

Policy

cbm
together we can do more







Personal

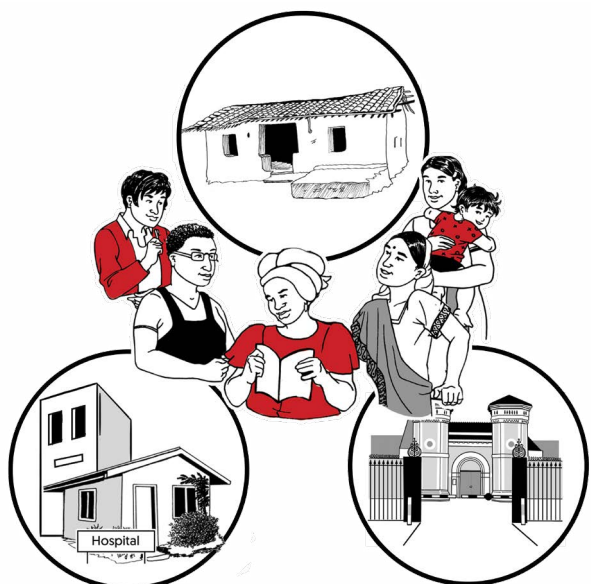
Who are women with disabilities?



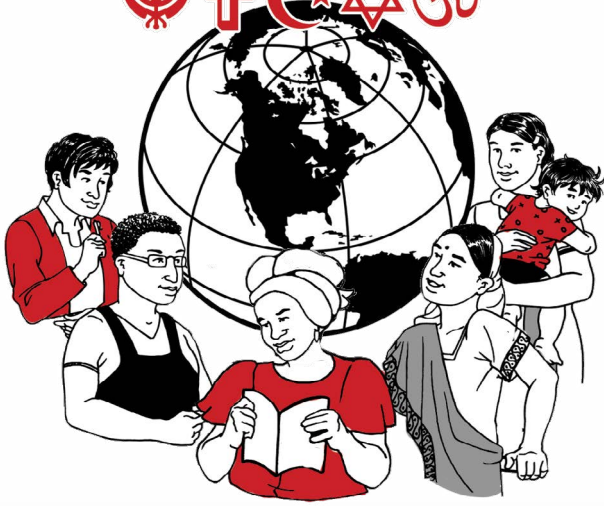
We are women from all walks of life.



We are young girls and older women. We are lesbian, straight, bi-sexual and transgender.



We are refugees, we live in institutions, prisons or hospitals.



We have different ethnic, religious and racial backgrounds.



Because there is a stigma in many cultures about people with a disability, many of us are hidden away by our families.



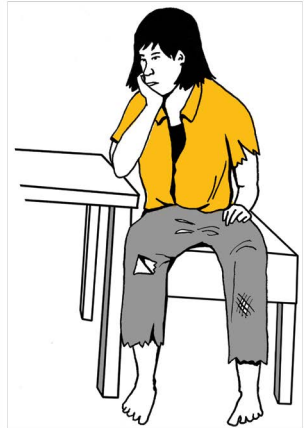
In many countries, old laws and policies limit what we can do with our lives.



Some Laws stop us from having our basic rights. This could be having custody of our children and being allowed to look after our own money.



Education helps us to get out of poverty. Women and girls with disabilities have less access to education.



Employment rates are lower for women with disabilities, which keeps us in poverty.



In our own families we are seen as not able to make decisions like other people around us.



Political

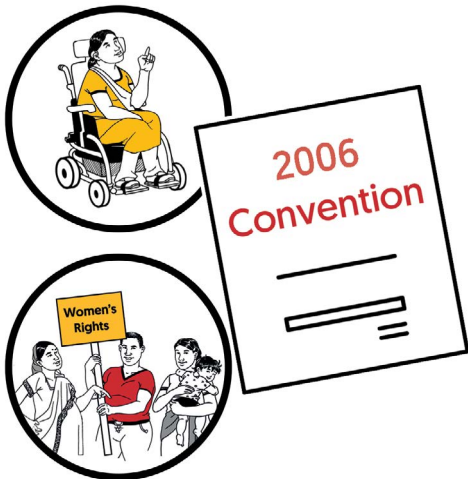
Women with disabilities are getting a voice.



Women with disabilities participate less in politics and leadership.



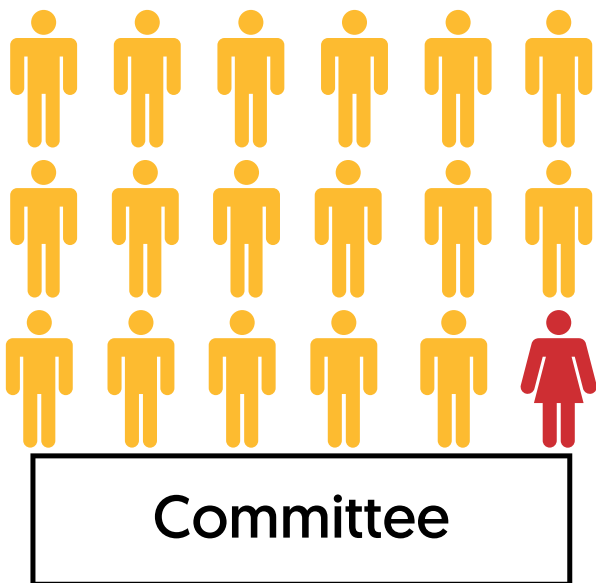
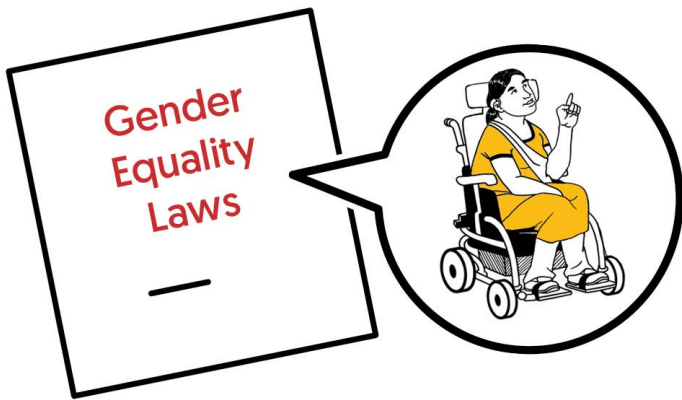
But women with disabilities are now beginning to be leaders in the disability movement and the women's movement.



Women with disabilities influenced the 2006 Convention on the Rights of Persons with Disabilities.



We are challenging the women's movement to include women with disabilities.



We are asking governments to include women with disabilities in their gender equality laws.

As women with disabilities we must be included in international and national plans for action.

But there is a long way to go:

For example, on the 2017 committee for the Rights of Persons with Disabilities, there will be just 1 woman and 17 men.

This means that women with disabilities will hardly be represented on the committee.



Policy

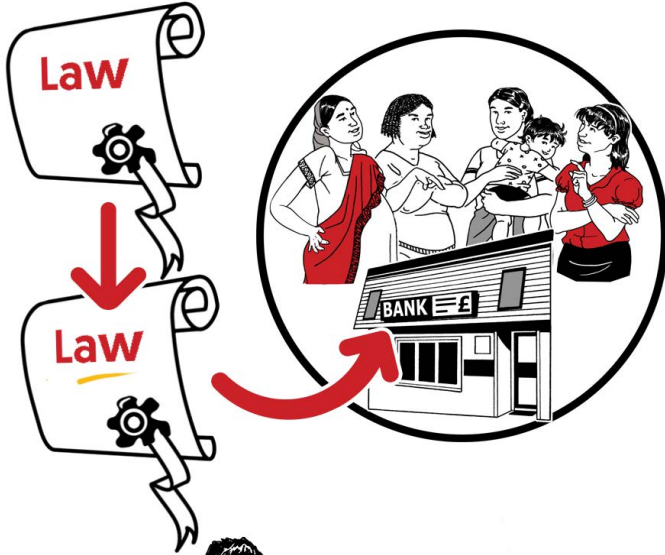
Disability and Gender Equality will help to include more people when places develop.



Gender Equality for people with disabilities is becoming more important for policy makers in developing countries.

An example of this is written in a document called **Sustainable Development Goals**. It says that:

- Discrimination against women and girls should stop. This includes women and girls with disabilities.
- All violence and anything that harms women has to stop. This includes women with disabilities.



- Women need to be paid for any care work they do, as most care work is done by women.
- Laws that stop women from having equal rights need to be changed. An example of this is women with disabilities should be allowed to have their own bank account.
- More technology needs to be used that helps disabled people to live their lives.
- Women should be able to get in to positions of power, so they can help make decisions.



- Women and girls should have access to sexual health services and have proper rights for their sexual health.

Call for Action



P Personal

Help for women with disabilities to become leaders.

P Political

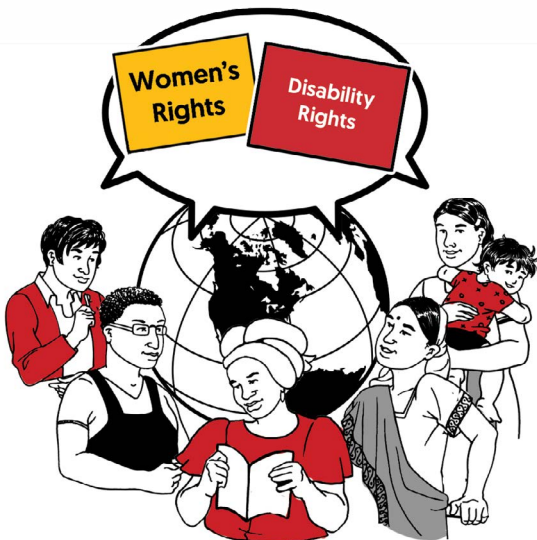
Create a strong and inclusive global voice for women with disabilities.

P Policy

Make sure all policies and programmes include women with disabilities.

Women's Rights

Disability Rights



Policy







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